

The Met Office has given a level 3 heatwave alert for the South East region, this means we are in a heatwave.

Level 3 - Heatwave Action

<http://www.metoffice.gov.uk/public/weather/heat-health/#?tab=hotWeatherAlert>

There is a 90 % probability of heatwave conditions between 0900 on Wednesday and 0900 on Thursday in parts of England.

An update will be issued when the alert level changes in any region. Alerts are issued once a day by 0900 if required and are not subject to amendment in between standard issue times. Note that the details of the forecast weather are valid at the time of issue but may change over the period that an alert remains in force.

These details will not be updated here unless the alert level also changes, the latest forecast details can be obtained at the following

link:<http://www.metoffice.gov.uk/public/weather/forecast/#?tab=map>

Some useful information

- [Heatwave Warning](#)
- [Beat the heat: staying safe in hot weather](#)
- [Beat the Heat - Poster](#)
- [Beat the Heat: Keep Cool at Home Checklist](#)